

YOU KNOW IT

You know you can do it. You know you can achieve it. You know you can. Think of yourself accomplishing the goal which you want more than anything else. Think of how your life will be when you've done it.



Your sincere desire for anything is proof that you know you can do it. If you didn't know, at some level, that you could do it, how could you even conceive of it? ...

Your desire makes sense only because you know you can. Would your spirit waste its precious time compelling you toward something that was impossible for you? Of course not. You can do it. You know you can.

In the strength of your desire is the confidence you'll need to make your dreams a reality...

You can do it. And you will.
Ralph Marston

