USA VOLLEYBALL COACHING ACCREDITATION PROGRAM

COACHES FAVORITE DRILL

DRILL NAME:	
COACH CONTRIBUTOR:	
	EXPLANATION:
	_
	_
	_
	J
DIAGRAM KEY:	
(S) = SETTER	
P = PASSER H = HITTER	
SE = SERVER	
D = DIGGER	
B = BLOCKER T = TARGET	
TO = TOSSER	
C = COACH	
———→ = PATH OF BALL → = PATH OF PLAYER	